



**FALMOUTH
HARBOUR**

UK's Atlantic gateway.

Notice to Mariners No. 10 of 2026

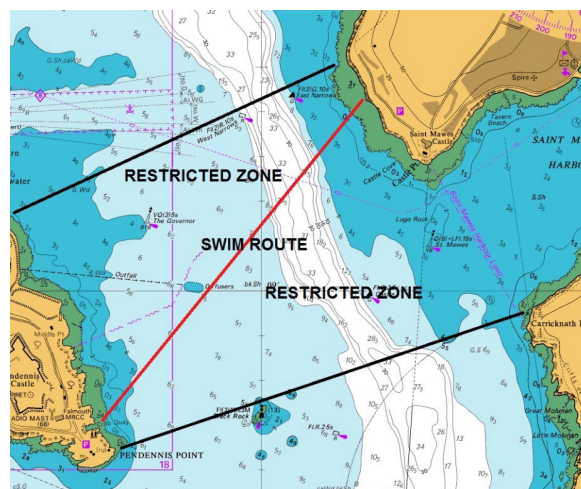
RNLI Castle to Castle Swim

NOTICE IS HEREBY GIVEN that a charity swim is planned between Pendennis Point and St Mawes Castle on Saturday 23rd May 2026. It will take place between 11:00 and 12:30 and will involve up to 650 swimmers. The event is subject to weather conditions on the day.

- Start Position: Crab Quay on Pendennis Point, (50 08.70N, 005 02.60W).
- Finish Position: Beach NW of Castle Cove beach near St Mawes Castle, (50°09.42N, 005°01.60W).

The route will take the participants across the deep-water channel, which is the shipping route for the Carrick Roads and Falmouth.

- Shipping movements will be restricted from 10:45 to 12:30, north of a line from Pendennis Point to Carricknath Point and south of the West and East Narrows buoys.
- Commercial vessels planning to transit the Carrick Roads should contact Falmouth Pilots on VHF channel 9 to obtain the status.



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Issue Date:
15/05/2026

Falmouth Harbour
44 Arwenack St, Falmouth TR11 3JQ

Ifor Pedley
Harbour Master

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For Notices to Mariners remaining in force from previous years see: [Notice to Mariners No 1 of 2026](#)

VHF radio traffic, AIS and CCTV are routinely recorded by Falmouth Harbour

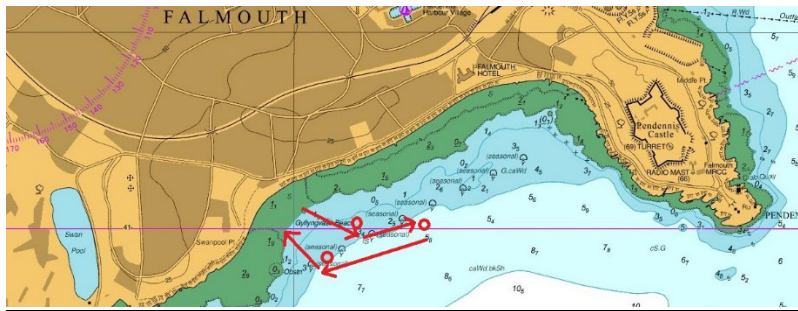
- There will be a mobile Exclusion Zone around the swimmers of approximately 200m.
- No vessels should attempt to pass through the exclusion zone and the swimmers.
- Vessels will be permitted to pass East or West of the Exclusion zone at the discretion of the safety craft.
- A line of buoys will be laid along the swim route and will be recovered on completion of the event.

The event will be marshalled by lifeguards on rescue boards, the Falmouth ALB & ILB, Harbour Master's vessels and a number of small, powered vessels. Safety craft will be exhibiting a RNLI flag to aid identification. Harbour Master's launch Killigrew can be contacted on vhf channel 12. The event control can be contacted on VHF channel 73.

Mariners are advised to keep a good visual and listening watch on VHF channels 16 and 12 and are requested to give all swimmers and safety boats a wide berth and to proceed at a safe speed. Vessels not involved in the event should not pass through the safety cordon and should follow the advice of the safety vessels.

Should weather conditions be unsuitable on the day then an alternative route off Gyllyngvase beach may be selected. (See below).

Alternative Swimming route



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If that would also be unsuitable then an alternative date may be proposed. This notice is self-cancelling on Saturday 23rd May 2026 on completion of the event.

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